

Himalayan Fair 2023 Entertainment Schedule - Sunday, May 21

10:00 am Welcome by Sridevi, Emcee & Blessing by Monks from Sera Jey Monastery

Recitation by Monks from Sera Jey Monastery, India Sera Jey Foundation is a 501 (c) (3) non-profit organization to support the education for the monks at Sera Jey Monastery in India as well as for the friends, supporters and well-wishers. The monks here in the US also travel around the country promoting a message of compassion and peace. The Foundation is based here in the San Francisco Bay Area, California and need a permanent center to set up offices and facilities to continue our activities. Your donation will help us buy a center for that purpose. www.serajeyfoundation.org



Himalayan Fair 2023
Emcee, Sridevi



SERA JEY MONASTERY

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10:45 Teed Rockwell

Teed Rockwell is the only person in the world who plays Traditional Hindustani Classical music on a newly customized instrument called the touchstyle veena, which has a guitar-like fretboard played by tapping the strings simultaneously with both hands. On a touchstyle veena, it is possible for one musician to play jugalbandi with himself. Both hands talk to each other, improvising melodies and then repeating them with variations in the other hand.



11:15 BollyX with Sapana, Shristi and Sri

BollyX is a Bollywood-inspired dance-fitness program that combines dynamic choreography with the hottest music from Bollywood and from around the world. The workout cycles between higher and lower-intensity dance sequences will get you moving, sweating, and smiling. <https://bollyx.com>

Today Sapana, Sristi & team will give you a perfect taste of BollyX- from Warm up to Cooldown and different variations of intensity in between. The playlist is created to give you a glimpse of how BollyX has a mix of songs from bhangra, to



south indian beats to desi pop, to Indian classical dance steps and of course, to the Bollywood songs! You are in for a treat today when one of the teammates -Sri will join the group in her full classical dance costume to do the cooldown song.

Sapana teaches both virtually and in person. She will be teaching at City of Hercules starting this August if you are interested feel free to reach out to her on instagram @dancewithsapana to get in touch with her.

11:45 – 12:00 Children Dances and Songs from TANC

Tibetan children from TANC's Sunday school program will be performing traditional dances and songs. The Tibetan Association of Northern California (TANC) is a 501 (c) (3) not for profit organization that works to preserve the unique cultural heritage of Tibet and to disseminate information on Tibet. www.tanc.org



12:00 Sacred Newari Bajrayan Buddhist Dance of Nepal by Prajwal Ratna Vajracharya

Dance Mandal was originally established by Prajwal Vajracharya in Kathmandu to preserve and expand his lineage of Charya Nritya (dance) and Charya Giti (song). Prajwal and Dance Mandal are now based in Portland, Oregon. Charya Nritya and Charya Giti The Newar Buddhist priests belong to the original ethnic group of the Katmandu Valley in Nepal. The priests are known as Vajracharyas, or masters of the Vajrayana. These yogic practitioners dance Charya Nritya in a state of deep meditative awareness in order to embody the living presence of the compassionate, peaceful, and fierce divinities of the Vajrayana Buddhist pantheon. The deities are described in esoteric Sanskrit songs known as charya-giti, which are sung as accompaniment to the dance. Charya-giti are sung in a variety of raga (melodies) and tala (meter) and are accompanied by small cymbals know as ta and sometimes by a two-headed hourglass drum, or damaru. The songs begin with a flowing raga, followed by a more metrical section that includes description and praise of the deity and usually consists of changing verses and a fixed, repeating refrain. Sometimes a dharani praise invocation, or mantra, is inserted near the beginning or end. Each Dance embodies forth a different Buddhist deity, such as Manjushri, Avalokiteshvara, Vajarayogini or Vajrapani. The central purpose of the dance is to support the Vajrayana practice of deity yoga, or visualizing oneself as a deity. This practice involves a mental process of seeing oneself as having the appearance, ornaments, inner qualities, and awareness of the deity one is envisioning. Technically known as Charya Nritya, which means, "dance as a spiritual discipline," this sacred dance form is a meditation discipline, vehicle of bodily and spiritual transformation, and opportunity for an audience to experience a vision of divine beauty.

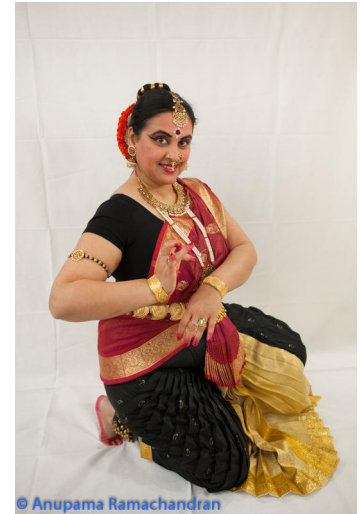


"A Fascinating Display of Buddhist Dancing" – Los Angeles Times Hongkong 2015

<https://www.youtube.com/watch?v=fbEOo4hnjjY> <https://www.dancemandal.com/>

12:30 Bharatanatyam by Ushanjali School of Dance with Naina Shastri

Ushanjali School of Dance is a premier South Indian Classical Dance Academy in the East Bay/Tri Valley area, with locations in San Ramon, Pleasanton and Berkeley. Students are trained in the Mysore Style of Bharatanatyam by the Artistic Director, Vidushi Naina Shastri. They are also trained in other styles of dance like Indian Folk, Semi-classical and Contemporary. Students of Ushanjali School of Dance have been featured in NBC Bay Area's program, "Asian Pacific America" and regularly perform at various Community and City organized events. Naina Shastri, is a member of the San Ramon City's Arts Advisory Committee, and has been an Artist-in-Residence at the Oakland Asian Cultural and a RAW resident artist at SAFEhouse for the Arts, San Francisco. She is also the founder/director of Namaha Foundation for the Arts, an arts based non-profit organization.



You can find more information about Ushanjali at <http://www.ushanjali.com> and about the various events and activities of the nonprofit org at <http://www.namahaarts.org>



1:00 Evelie and the Kismet-Mahal Ensemble

Kismet-Mahal Ensemble (KSME) offers chants and devotional songs for everyone to sing together. These are from global chant and sound healing traditions. opening the heart, uplifting spirits to ecstatic heights, for compassion, gratitude, healing, and deep groundedness of being. Intertwining our souls, we will blend our voices in many mother tongues including Arabic, English, French, German, Gurmukhi, Hebrew, Japanese, Latin, Mayan, Portuguese, Sanskrit, Spanish, Tibetan, Yoruban, Zulu. Instrumentation includes tabla, oud, sruti box, guitar, bells, accordion, Medicine hoop drum and more.



KSME has appeared at Carnaval's Zona Verde/Green Zone: The Big ONE and Michael Franti's Power to the Peaceful at Golden Gate Park; and many years at the Himalayan Fair in Berkeley.

KSME is led by Evelie Delfino Sâles Posch. This year's musicians and singers are: Claude A'Lud, Claudine Tong, Jedi Sâles, Ken Olcott, Kevin Alan Mann, Marin Fischer, Melanie Mentzel, Michelle Reddington, Nancy Donald, Rahman Abdul, Sadaya Zimmerle, Sophie Soltani, Sybil Hatch.

<http://www.facebook.com/evelie.posch>

1:45 Tamding Tsetan – Tibetan Musician

Tamding Tsetan is a Tibetan musician, tattoo artist and visual artist. He escaped from Tibet in 2002 and after walking for 43 days across the Himalayas he reached India. He released his first music album “Open Road” in 2012. Since then he released three following albums, also titled “Open Road” (until Tibet is free, all of his albums will have the same original title; his first two Open Road albums are available on CD, and albums 3 and 4 are available in electronic formats). As a tattoo artist, he creates traditional Tibetan tattoos as well as modern ones, and also works with his clients to develop the perfect design.

www.tibetantattoo.ink/ <https://www.facebook.com/TamdingArts/>



2:15 Mindia Devi Klein

Mindia Devi Klein is a world renowned bansuri and silver flutist. Her teacher’s include Ali Akbar Khan, G.S. Sachdev, Hariprasad Chaurasia and Zakir Hussain. She has numerous recordings under her name and co-founded the original Ancient Future ensemble, a multi-cultural group with instruments both East and West. As a widely appreciated and beloved musician-composer and educator, Mindia’s music has garnered many awards, fellowships and grants. She has appeared at the Himalayan Fair multiple times over the years with a variety of groups and as a soloist. She is on the verge of completing her third book, this one called “The Contemplative Beauty of the Bansuri: A Guide to Learning to Play. Listen and Love the Bansuri Flute of India.”



2:35 Nepali Beats with Sapana

Nepali Beats was born to promote the love for Nepali Culture through dance. The instructor, Sapana Sharma, believes that dance is very close to magic as it lets you visualize music. Through Nepali Beats she teaches how to dance to the magic of Nepali music. Today the girls will be performing a dance about friendship and the importance of meeting in person. In fact, the song really resonates with what the girls are currently experiencing themselves. One of the performers here today learned the dance virtually and the rest learned in person. They are performing to this song together in person for the very first time. They will be expressing how grateful they are to have their friend close to them and hold the memory of their togetherness for a lifetime.



The instructor Sapana Sharma can be reached at, on instagram @dancewithsapana and on Facebook for Nepali Beats. <https://www.facebook.com/profile.php?id=100060678607664>

2:45 Classical Tibetan Dances by Chaksam-pa

Chaksam-pa Tibetan Dance and Opera Company is a non-profit organization that was founded in San Francisco in 1989 by a small group of master performers who were trained at the Tibetan Institute of Performing Arts, India.

www.chaksampa.org/



3:15 Odissi Dance Presentation by Jyoti Kala Mandir

Jyoti Kala Mandir, founded by Guru Jyoti Rout serves the international community by presenting the future of Indian Classical Music, Dance and Mardala in the USA and India. JKM is a thriving community of families, dancers, and second-generation teachers which offers ongoing classes for students at all levels. All of the JKM students around the globe are trained by Guru Jyoti Rout in her own unique choreographies and teaching techniques.

For today's performance:

Choreographer: Guru Jyoti Rout

Dance Leader: Deepa Biswokarma.

Dancers: Kavya Iyer, Sakshi Jajoo and Deepa Biswokarma.



We start with Shiva Prayer followed by Sringer Pallavi and Durga Stuti.

MANGALACHARAN {Deepa Biswokarma}

Prayer to Lord Siva

Followed by Siva Tandava, recited by Ravana.

Bageshri Pallavi(Sringer) Deepa Biswokarma, Kavya Iyer, Sakshi Jao

Tal: Ektali, Tripatta Rag: Bageshri

3:45 Grand Prize Raffle Drawing & Acknowledgements by Arlene Blum, Himalayan Fair Founder

4:00 – 5:00 Sukhawat Ali Khan

Sukhawat Ali Khan, son of Indian-Pakistani vocalist Ustad Salamat Ali Khan and nephew of Nazakat Ali Khan, is a classical singer of Sham Chaurasia gharana tradition, as well as a performer of North Indian and Pakistani classical music and related folk music. He began singing and playing the harmonium at age seven and has performed around the world. He currently lives in Sacramento. About his heritage and music he says: “Each song I do has classical thought behind it and I know how to sing it properly, but my style comes from my life, too. I spent time in New York. I go to clubs. I like the hip hop beat, Latin music, rave. ... There's a performing energy there that I also feel. It's the same kind of energy a good Qawwali singer has, and we can really express it freely in America.”



<https://www.facebook.com/sukhawatalikhan>

* All times are approximate.